

RAISING EMOTIONALLY INTELLIGENT CHILDREN

WORKSHOP FOR PARENTS



- Help your child to understand and manage their emotions, including anger and anxiety
- Support them to become more resilient
- Help them to successfully use their emotions to build friendships

This **FREE** workshop will be facilitated by a qualified & experienced facilitator from **Child and Adolescent Parenting, Northern Sydney Local Health District**.

VENUE: Killarney Heights Public School Hall

DATE: Thursday 18th October 2018

TIME: 6.00pm – 8.00pm

PRESENTED by Godelieve Hofman-Verkuyt

**BOOKINGS ESSENTIAL. PLEASE CONTACT GODELIEVE ON 0425 256 989
TO RESERVE YOUR PLACE**



Health
Northern Sydney
Local Health District